

I'm looking at gadget gift ideas for Christmas (or for yourself). How many people on your Christmas shopping list seem to always be on the computer? Every single one of them. I've rounded up three tech gadgets to make spending hours on the computer a little better and help you be more efficient. One is a definite problem solver for working remotely or needing two screens.

TRT 135
STD OUT

SUPERS

0-8 Jamey Tucker/whatthetech.tv
15-36 Gunnar Optiks Computer Glasses
45-110 Anker 551 iPad Dock
112-123 Laptop USB-C Hub

ON-CAMERA TEASE

I'm Jamey Tucker, just ahead I'm rounding up some tech gift ideas for anyone who spends hours staring at a computer screen.

ANCHOR INTRO

SITTING IN FRONT OF A COMPUTER SCREEN FOR MOST OF THE DAY IS PRETTY NORMAL FOR JUST ABOUT EVERYONE. AND ALL THAT TIME CAN TAKE ITS TOLL ON YOUR EYES.

IF YOU'VE GOT SOMEONE ON YOUR CHRISTMAS SHOPPING LIST WHO SPENDS A LOT OF TIME IN FRONT OF A COMPUTER, IT OPENS UP A LOT OF GIFT POSSIBILITIES. OUR CONSUMER TECHNOLOGY REPORTER JAMEY TUCKER HAS ROUNDED UP SOME TECH GADGETS THAT CAN EASE EYE STRAIN AND HELP BE MORE PRODUCTIVE.

PACKAGE SCRIPT

The average American spends more than 7 hours every day, looking at a screen, and about half that is looking at a computer monitor. Most of us can relate. Tech gadgets can make that time a little better.

Blue light-blocking glasses might make looking at a computer or phone screen a little easier on the eyes. While the science behind blue-light blocking glasses is divided video gamers swear by Gunnar Optics computer glasses that are higher quality than cheap plastic glasses, Gunnar Optiks block blue light and 100% of UV light and glare. Scientists do agree that blocking blue light can help you sleep if you look at a screen before bed. Gunnar Optiks has styles for Marvel fans, business, and are available with prescription and reader lenses.

Multi-taskers need more computer display space and the Anker 551 USB-hub adds laptop functionality to iPads. The stands raise the iPad for easier use and keep the device charged. It also has ports for external hard drives and slots for SD cards so you can move files from external sources to the iPad. An HDMI output allows you to connect to a laptop and use the iPad as a second screen.

Laptops don't have enough ports anymore, the Anker USB-C hub adds slots for HDMI, hard drives, and SD cards.

You can find any and all of these tech gadgets online at most retail websites and computer tech gadgets typically go on sale for the holidays.

That's What the Tech? I'm Jamey Tucker

ANCHOR TAG

(having trouble coming up with tags for gift idea stories. I do have links to the products in the web story if you want to push people to your website.)

WEB STORY

Like it or not, we spend more time looking at a screen than anything else. According to a recent study, the average American spends over 7 hours every day looking at some sort of screen and about half of that time is looking at a computer monitor. Frankly, that statistic surprises me since most people spend the majority of their work hours looking at a computer or laptop screen. Since we're all looking at screens, it opens up a lot of possibilities when it comes to holiday gift ideas.

What better way to say "I care" than giving someone a tech gadget to make that time a little easier? There are lots of options and here are some of my favorites:

Gunnar Optiks blue light filtering glasses. I wasn't a believer in these amber-colored lenses at first after reading how the ophthalmology community is divided on whether they work or not. The idea behind these glasses is that they block the white/blue light from a computer or smartphone screen to prevent eye strain. Eye doctors all agree the best way to ease eye strain is to give your eyes a break from looking at the screen for long periods of time. After trying the Gunnar Optiks I truly believe they keep my eyes from being overexposed to the bright light and causing tiredness. Gunnar glasses have been a favorite of video gamers for years (those folks stare at a screen longer than most of us). I spend a lot of time writing and editing on a wide-screen monitor and blocking the blue light seems to make it easier to see the screen though I don't recommend them for doing any color correction for video or graphics editing. Gunnar has a pretty wide selection of styles for both business and gamers. A new line of glasses is a nod to Marvel movies and characters. They're also available by prescription and in readers.

Anker 551-USB-2 for iPad. Working on a 13" laptop is fine for most things but sometimes you need a wider screen. This Anker hub for iPad extends the screen real estate and allows users to

work on an iPad much like they would on a laptop. The hub serves as a dock that can be adjusted to eye level on a desktop. It can be powered with a separate USB-C charger and then plugged into an iPad's USB-C port. Once connected, the hub keeps the iPad charged and serves as a hub for extra inputs. It has 2 standard USB slots and 2 other slots for SD cards. This allows users to move files to and from the iPad to external storage such as portable hard drives, flash drives, and SD cards. There's also an HDMI output so you can use the iPad as a second screen for a computer monitor or laptop. This ability allows users to work on a project on the laptop while keeping another program open on the iPad screen.

New laptops are built to be thin and mobile. The drawback is that today's laptops do not have enough ports. Not long ago a laptop would have multiple USB ports, HDMI, headphones, and even DVD drives. Not anymore. Most only have a couple of USB-C connections with maybe one standard USB drive. A solution is a USB-C hub that lets you connect multiple devices to any laptop with just one port. There are many options including Anker's 8-in-1 USB-C hub. It plugs into one of the USB-C ports on a laptop, iPad, or other tablet to add multiple USB ports, HDMI, standard and micro SD cards, Ethernet, and power delivery. These are great to have in a backpack for remote working.

All of these gadgets can easily be found on most retailer websites and most go on sale during the holidays.

www.anker.com

www.gunnar.com

www.whatthetech.tv